

DIY Gym Bag with Quote Art



Let's be honest, the reason most of us work out is so we can eat more pizza, right?!?! In the spirit of cheesy, doughy, saucy goodness (OMG we're so hungry now), and okay, the spirit of hitting the gym every now and then too (or every day if that's your style), we came up with this fun DIY gym bag design that infuses color and humor into our workout routines. Grab a pack of Tulip Graffiti Fabric Markers and maybe a slice - or 5 - of pizza (you know, to help get you inspired) and give those creative muscles a workout with this easy quote art project.

Instructions:

First make sure the gym bag has been washed and dried without fabric softener. Lay it out flat on your work surface and criss cross strips of the 1/4" masking tape to create geometric designs on the center section of the bag. Add as many as you like!



Choose your color palette of Graffiti Fabric Markers - don't be afraid to get super colorful!



Color in the taped off sections with different marker colors.



When you're finished, remove the strips of tape and let the ink dry completely.



Create your quote art stencil on card stock or tracing paper. You can either trace a printed quote or hand draw your own and then cut out with a craft knife, leaving the sections around the letters intact. Place over your geometric marker design on the bag and use a pencil to lightly trace the lettering over the design.



Color in the letters with a black marker and let dry. Repeat on the other side of the bag if desired.



Now that your fab new workout bag is done, you can hit the gym, then grab a pizza to celebrate on your way home!

